

## 2. Políticas, instituições e cidadania

OC - (22959) - WORK-FAMILY BALANCE AND UNPAID WORK: PERCEPTIONS OF PROFESSIONALS WORKING WITH IMMIGRANTS IN PORTUGAL

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The present communication aims to analyse the perceptions of professionals who work with immigrant people in Portugal about the economic impact of the unequal sharing of unpaid work, and to analyse its effects on the balance between work, and family life. Thirty-nine professionals, 31 females (79.5%) and 8 males (20.5%), aged between 22 and 80 years old ( $M = 42.38$ ;  $SD = 11.79$ ) were interviewed. To identify the most prominent themes, a thematic analysis was conducted, and four major subjects were categorized: 1) migration project; 2) working life and the (dis)articulation with the family; 3) family and distribution of unpaid work; and 4) conciliation personal, family and professional life. Results show that the demand and asymmetric pattern of unpaid work, being that immigrant women are most responsible for carrying this out, produces impacts that can constitute an obstacle to parity and work-life balance.

**Palavras-chave : Portugal; Unpaid work; work-family balance; immigrant people**